

metro

NEW YORK CITY NO. 1 FREE DAILY IN THE US
Wednesday, January 3, 2018 metro.us | t: MetroNewYork | f: MetroNewYork

THE SEARCH HEATS UP

List of Giants head coaching candidates taking shape. 16

Become a better home chef with the
#Cook90 challenge. 15

Don't sleep on January. 14

E I C EASTERN
INTERNATIONAL
COLLEGE



Earn Your BS or AAS Degree!

Diagnostic Medical Sonography - BS
Dental Hygiene-AAS (CODA approved)
Nursing (RN) - AAS*
Cardiovascular Technology-AAS
(CAAHEP approved)
Medical Assistant - AAS • *Upon Passing NCLEX

Locations: Jersey City Campus and Belleville Campus
888-363-6002 • www.eiccollege.edu

Ask about our Jersey City Dental Center Open to the Public,
Payments and Most Major Dental Insurances Accepted

F❄️❄️K, IT'S COLD

Record-setting arctic cold has swept
across the country, causing multiple
deaths. But the end is far from near,
as snow and ice could come to the
East Coast this week. 4

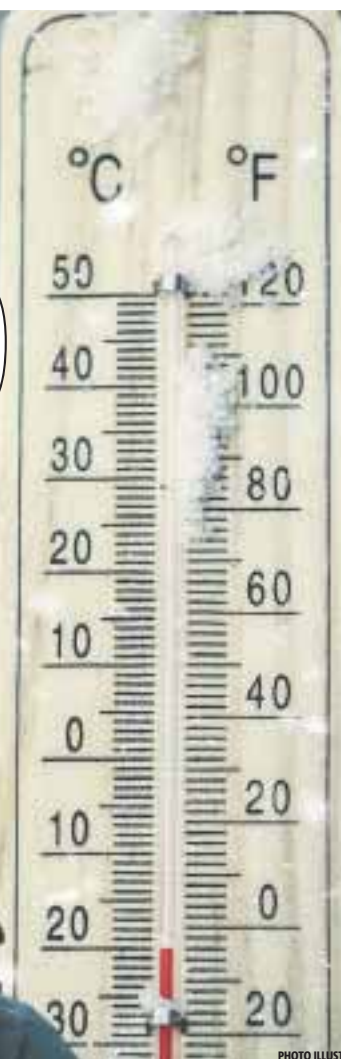


PHOTO ILLUSTRATION GETTY IMAGES & ISTOCK



Money magazine says we're #1.
So do our students.

NYSCAS. A division of Touro College ➔ nyscas.touro.edu | 1.855.338.6876

Touro is an equal opportunity institution. For Touro's complete Non-Discrimination Statement, visit: www.touro.edu
MONEY is a registered trademark of Time Inc. and is used under license. From MONEY Magazine, ©2017 Time Inc. Used under
license. MONEY and Time Inc. are not affiliated with, and do not endorse products or services of Touro College.
*Touro College was named #1 in the Value-Added all star category.

WELCOME TO METRO.US

MORGAN ROUSSEAU, MANAGING EDITOR

Baby, it's cold outside — and it's not going to warm up any time soon. Read on for details on this week's fiercely frigid forecast and how freezing conditions are expected to affect the city. You can keep up with more winter weather stories by visiting metro.us.



PAKISTAN REACTS TO TRUMP'S 'LIES' TWEET

Pakistan's civilian and military chiefs Tuesday rejected "incomprehensible" U.S. comments after President Donald Trump tweeted angrily about Pakistani "lies and deceit," with Islamabad summoning U.S. Ambassador David Hale to the Pakistani Foreign Office late Monday to explain Trump's tweet, media said. The ministry could not be reached for comment but

the U.S. Embassy in Islamabad confirmed Tuesday that a meeting had taken place. Trump said the United States had been rewarded with "nothing but lies and deceit" for "foolishly" giving Pakistan more than \$33 billion in aid in the last 15 years. "They give safe haven to the terrorists we hunt in Afghanistan, with little help. No more!" he tweeted Monday.

SEN. ORRIN HATCH WILL NOT SEEK RE-ELECTION

Republican Senator Orrin Hatch said Tuesday he will not seek re-election in November, opening the door to a potential Senate bid by Mitt Romney, the 2012 Republican presidential candidate who has been one of the party's harshest critics of

President Donald Trump. "Every good fighter knows when to hang up the gloves. And for me, that time is soon approaching," Hatch said in a video statement posted on Twitter. "That's why after much prayer and discussion with family and friends, I've decided to retire at the end of this term."



SEVEN-ALARM FIRE IN THE BRONX INJURES MANY

Firefighters battled a seven-alarm fire on Jan. 2, 2018, in the Bronx. The fire, which started around 5:30 a.m. on a frigid Tuesday, is believed to have started in a first-floor furniture store before overtaking the entire building. Numerous injuries were reported from the morning fire, which required more than 200 firefighters to control. The fire was the second large-scale blaze in the Bronx within a week, after a fire last Thursday killed 12 people. **For more on the community's reaction to last Thursday's fire, see page 10.**



GETTY IMAGES

NEW CAMPAIGN TARGETS SEXUAL HARASSMENT

"The clock has run out on sexual assault, harassment and inequality in the workplace. It's time to do something about it," reads an initiative launched this week by 300+ Hollywood women. It's called Time's Up, and it includes industry powerhouses like Reese Witherspoon, Kerry Washington and Brie Larson. Time's Up is calling for Hollywood women to wear black at the Golden Globes

on Sunday night to raise awareness, according to The New York Times. Some men in the industry have vowed to participate in the red carpet blackout as well. Time's Up is also working with the group 5050by2020 to achieve a 50/50 gender parity model where "women are equally represented at every level — especially in leadership positions and in positions of power" by the year 2020. **SAM BRODSKY**

US SERVICE MEMBER KILLED IN AFGHANISTAN

One U.S. service member was killed and four others wounded during a "combat engagement" in the eastern Afghan province of Nangarhar, the U.S. military said in a statement Tuesday. The incident took place Monday in Achin, Nangarhar province, the statement said. Two of the wounded service members are being treated at a medical facility and are in stable condition,

it added. Nangarhar, on the porous border with Pakistan, has become a stronghold for ISIS, generally known as "Daesh" in Afghanistan, which has grown to become a dangerous militant group since it appeared around the start of 2015. The Taliban and ISIS have frequently fought each other in the Nangarhar province, and both have been targeted by sustained U.S. airstrikes.

GOVERNMENT TRUST

18%

Just 18 percent of Americans say they trust the federal government to do the right thing "just about always" or "most of the time" — a figure that has changed very little for more than a decade.

Source: Pew Research Center



APPLY, ACCEPT,
ENROLL TODAY!

IMMEDIATE DECISION DAYS

Now-January 13

CAREER



JOB

JOB

JOB

**Apply for an undergraduate
or graduate degree program
and we will give you a
decision right on the spot.**

Apply today – Start today! To learn more, visit
our campuses in Manhattan and the Bronx.

METROPOLITAN
COLLEGE
OF NEW YORK
MNY

FOUNDED BY AUDREY COHEN IN 1964

mcny.edu | 877.263.7066

ACCELERATE YOUR FUTURE.



**BEGINS FRIDAY
FOR 3 PERFS. ONLY!
JANUARY 5 – 7**

SOARING WINGS

朱鸢

SHANGHAI DANCE THEATRE

Northeast hit by record cold, with snow predicted

Frigid weather had gripped much of the country for the past few days, breaking long-standing temperature records.

A record-shattering arctic freeze kept its grip on the U.S. Northeast on Tuesday, closing schools and affecting travel on the first business day of 2018, and forecasters warned the region could be walloped by snow later in the week.

Boston tied a 100-year-old record on Tuesday when it marked seven consecutive days that the temperature did not top 20 degrees Fahrenheit, and people whose work kept them outside struggled to find ways to keep warm.

"I'm here since '78 and I don't remember cold weather like this," Yiannis Galanopoulos, who sells \$3 cheese pretzels from a cart in New York's Times Square, said as he warmed his hands over the glowing charcoals that keep his wares hot.

"But a living is a living," he said, adding that if the temperature dipped much lower, he might rethink the trip from his home in West New York, New Jersey. "It's not worth it to take



New York City could receive snowfall this week. GETTY IMAGES

a chance."

Officials throughout the region urged residents to alert social services if they saw people stuck outside in the cold.

"We want every resident to have shelter and warmth," Washington Mayor Muriel Bowser said on Twitter. Bitter cold was blamed for at least four deaths across the United States over the New Year's holiday weekend.

The higher temperatures were expected to be accompanied by heavy snow in the East Coast by as early as Wednesday, according to the National Weather Service.

"New York City will probably expect anywhere from 2 to 4 inches of snow," said weather service meteorologist Greg Gallina. "The maximum swath will be from southern Rhode Island to the south of Boston and into Maine. Southeast

Maine will experience anywhere from 12 to 15 inches of snow."

Gallina added that cities in northern Florida will experience freezing rain and maybe some sleet. Coastal areas in Georgia and South Carolina will start to experience smaller amounts of snow, from as early as late Tuesday.

The cold was blamed for the deaths of two men in separate incidents in Milwaukee, according to the Milwaukee Journal Sentinel. A homeless man was found dead on a porch in Charleston, West Virginia, while another man was found dead outside a church in Detroit, and police said he may have frozen to death, local news outlets reported.

The cold should ease across most of the country heading into the weekend, Gallina said.

REUTERS

SPECIAL DISCOUNT OFFER!

SAVE 30% Must use code: MET

~~\$107~~ \$74 ~~\$71~~ \$53 ~~\$51~~ \$39 ~~\$31~~ \$25

Select seats only. Offer available 1/3–1/7. All prices subject to an additional \$3.50 facility fee. Limit 8 tickets per order. Normal service charges and taxes apply. Offer subject to availability and is not applicable to previously purchased tickets. All sales are final – no refunds or exchanges. Offer may be revoked or modified at anytime without notice.

Supported by the Chinese People's Association for Friendship with Foreign Countries.
Special thanks to the Publicity Department of the CPC Shanghai Committee.

MEDIA SPONSORS: 世界日報 World Journal 美国中文电视 SINOVISION

DavidHKochTheater.com · Lincoln Center · 212-496-0600

5 COLD-LIFE HACKS FOR KEEPING WARM THIS WINTER

Each morning, it dawns on us: It's f—ing cold out. But there are steps you can take to make the horrid experience of living life in sub-zero temperatures more bearable.

1. Electrify your life

Put an electric blanket on your bed and turn it on 20 minutes before you turn in for the night. In the morning, slip the blanket into your drawer to warm your clothes before you put them on.

2. Use every last drop of hot water

There's nothing like thawing

your cold bones in a hot shower. But when you're done, don't let warm bath or shower water go down the drain. Instead, keep the water in the tub to add a little warmth and humidity to your home.

3. Mind the gap

Tap into your college smoking habits and use towels to fill gaps under doors to keep heat from escaping. Pipe insulation also works well, but it's not as nostalgic.

4. Quilt up

Don't be ashamed to use heavy quilts as curtains to keep heat

from leaking out of windows, especially at night and during windy days.

5. Swaddle your feet

Cut out wool insoles for extra warmth in your shoes. If it's snowy and slushy out, you can keep feet dry by wrapping them in a sandwich bag.

MORGAN ROUSSEAU



Bundle up and breathe. Winter is here. ISTOCK



Below-freezing temps are expected to last until at least Monday, the National Weather Service has forecasted for the New York City region. PIXABAY

Bundle up New York City, this cold snap is here to stay

If you're already over the bitterly cold weather that accompanied the dawn of 2018, you may want to brace yourself. It's going to be here for at least the next seven days.

According to the National Weather Service, below-freezing temperatures are expected to remain throughout the New York City region until Monday, when we should see a high near 40, which will likely feel downright balmy after what's expected for the rest of this week.

Tuesday night will be clear with a low near 16. Wednesday will see the week's highest temperature of 31 degrees during the day before dropping to 25 at night, with snow after 1 a.m., though the NWS said accumulation should be less than 1 inch.

Snow is also likely on Thursday, which will have a blustery high near 28 before dropping to about 10 degrees at night.

Friday will be breezy and cold with a high near 14 during the day and a low of 4 at night. Saturday will be relatively the same, with an expected high near 12 and a low near 6.

Am I just cold or do I have hypothermia?

While many of us shiver, shake and display "I'm-so-cold" dramatics in weather such as this, extreme cold is no laughing matter and can result in severe health issues, like hypothermia and frostbite.

In fact, four people died this past weekend due to these low temperatures, including two

men who were believed to have frozen to death in Milwaukee, Reuters reported.

So what can you do to avoid — or treat — hypothermia or frostbite? Here are some tips from the Centers for Disease Control and Prevention.

Dress appropriately

While it's ideal to stay indoors as much as possible, that's not feasible for everyone, so be sure to cover your nose, ears, toes, cheeks, chin and fingers, which are all susceptible to frostbite, in dry, warm clothing, the CDC urges.

This means wearing a scarf or knit face mask, a hat, mittens or gloves, layers and water-resistant boots and jackets.

Know the signs

Because frozen tissue is numb, you may not realize you have frostbite, so be mindful of skin redness or pain and keep an eye out for white or grayish-yellow skin areas, skin that feels "unusually firm or waxy" and numbness, the CDC warns.

While hypothermia can occur during extreme cold, it can also affect someone who may become chilled after being out in rain or in cold water, or by sweating in temperatures above 40, so watch out for symptoms like shivering, exhaustion, confusion, fumbling hands, memory loss, slurred speech and drowsiness in adults. Symptoms for infants include bright red or cold skin and very low energy.

When to seek help

If your temperature,

or someone else's, dips below 95 degrees, "get medical attention immediately," the CDC said. Get to a warm room and replace any wet clothes with layers of dry clothing and blankets.

While you can put areas of your skin that may have frostbite in warm-to-the-touch water, avoid walking on frostbitten toes and feet, and use a fireplace, heat lamp, radiator or stove to warm, as well as heating pads or electric blankets. Do not rub or massage areas with frostbite.

What to do if you have no heat in your apartment

If your home has no heat or hot water, you should contact your super, landlord or building manager immediately. If it is not resolved, file a complaint via 311.

NIKKI M. MASCAU

31°

WEDNESDAY
The high of the week.

14°

FRIDAY
Friday will be much colder and breezy, with a low of 4° at night.

<1
INCH

Slight snow accumulation is predicted for Wednesday morning.

Think Bigger.

Apply to The Workshop at Macy's today.

If your woman or minority-owned company is ready to grow and expand, then we invite you to apply for The Workshop at Macy's – our free and exclusive vendor retail development program in New York City.

Learn more and apply now at macysinc.com/workshop

THE WORKSHOP
AT macy's

Can This Medical Technology Possibly Eliminate Or *The Advanced Medical Treatment Every Back & Neck Pain Sufferer Needs To Know*

NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.

Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.

If you suffer with back, neck or nerve pain, you have probably already tried *many* treatments ... especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

An option that a lot of back and neck pain sufferers may have never heard of before.

Before we get into these

treatments, please understand this...

NYC Pain MD is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

Know this fact: There is no one treatment that will help every case of back pain. And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

Radiofrequency Neurotomy "Radiofrequency Neurotomy" is often referred to as RF for short. Just what is "RF".

RF is a procedure that is based on the concept that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves and slow down the pain

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease

pain and improve function.

If this first "test" procedure is successful, the Radio Frequency Neurotomy is scheduled and performed for longer term relief.

What Results Can You Expect?

Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

How Long Do The Results Last?

This procedure "impairs" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months... 12 months.... 18 months for some even longer. The great news is - another procedure can be safely performed for more relief if necessary.

While we cannot claim this is a complete "permanent cure" . . . it can be a godsend for so many who were in constant pain.

Really... what would it be worth if you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be

able to finally get a good night's sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and *is not surgical*.

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and physical therapy do not offer good enough results.

RF has also been found effective AFTER back surgery when patient's still feel pain.

The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.

What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

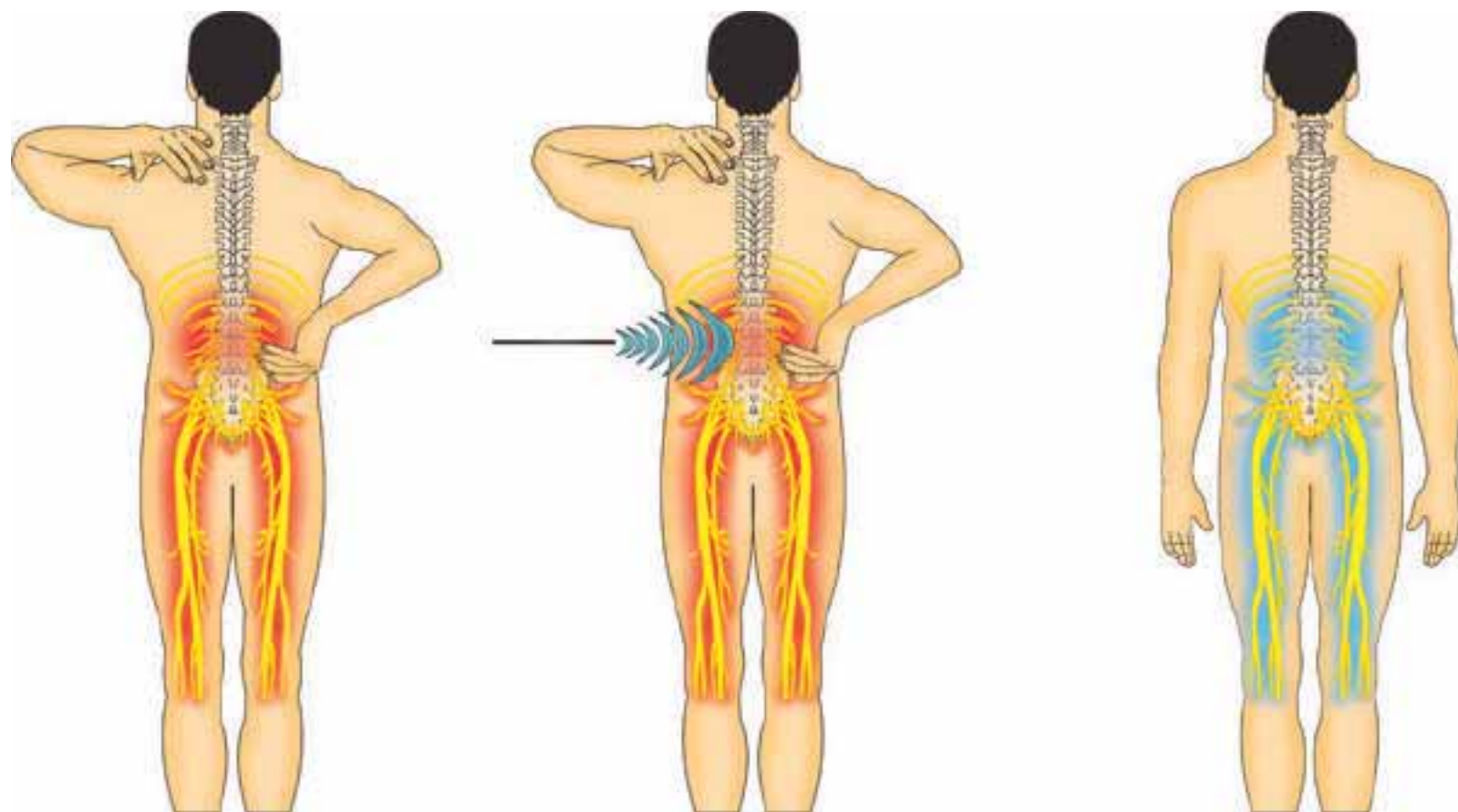
Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

Major Savings In Time And Costs Of Care?

c For Promising Back Pain Treatment

• Greatly Reduce Even The Most Severe Back Pain...
w - No Matter How Bad The Pain Is Or How Many Other Treatments Have Failed

Advanced Treatment Uses Radio Frequencies To Relieve Serious Neck & Back Pain



Science rescues back & neck pain sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many

NYC Pain MD's method allows you to avoid expensive hospital or out patient surgery-center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the *NYC Pain MD* treatments can be done in our in-office procedure suites saving you stress, time and dollars. *NYC Pain MD* believes this

additional "X" factor is one of the reasons so many back pain sufferers travel from all over to be treated at their advanced medical center.

Your Invitation

NYC Pain MD offers limited number of complimentary back and neck pain screenings every month. These screenings are a way for pain sufferers to get some of their questions answered and see if they are candidate for one of the cutting-

edge treatments offered at *NYC Pain MD*. If you would like complimentary screening, just call 877-503-8540 and tell the scheduling co-ordinator who answers the phone, "I would like a complimentary back pain screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is at no cost and

no obligation.

Many of the treatments offered are covered by many insurance plans and traditional medicare.

Call 877-503-8540 for your free screening and find out if you can get out of pain today

NYC PAIN MD
"Non Surgical Medical Relief For Spine & Joint Pain"



"This campaign unashamedly reconfirms what we believe: that dating deserves better," said OkCupid CMO Melissa Hobley. OKCUPID

OkCupid wants you to rethink 'DTF' to find your own F-word

"Floss" is just one F-word the dating app hopes you substitute for the "F-dash-dash-dash" in "DTF."



NIKKI M. MASCALI
@NikkiMMascali
nikki.mascali@metro.us

OkCupid wants you to forget what you know about the meaning of 'DTF.' In its first-ever ad campaign, the dating app aims to redefine the acronym for "down to f—" and empower daters to find their own F-word.

The vibrant — and funny — campaign is kicking off in New York City's subway starting Jan. 15 before rolling out in select U.S. markets. The ads feature statements like "DTFight about the president," "DTFour Twenty," "DTFoot the bill," "DT-Fall head over heels" and "DTFarmer's market," all with the tagline "dating deserves better."

In the world of online dating, the term "DTF" typically stands for "down to f—k." Dating app users sometimes message romantic prospects with "DTF?" to ask if they're interested in having sex. But not everyone on dating apps wants a casual hookup.

"More than 10 years after OkCupid was founded, this campaign unashamedly reconfirms what we believe: that dat-

ing deserves better," Chief Marketing Officer Melissa Hobley said. "We're proud that OkCupid is one of the only dating apps that truly reflects back what is happening culturally, and we felt a responsibility — and opportunity — to play a part in changing the conversation about dating culture and empowering each individual to expand the meaning of 'DTF' in a way that reflects what they want from dating."

The ads were designed by Italian artists Maurizio Cattelan and Pierpaolo Ferrari, "two of the most interesting, talented, provocative artists around today," Hobley said. "They are, of course, known for making a statement with their art, and so when we started talking about this mission of reclaiming 'DTF,' they had as much passion as the OkCupid team, and even more creativity. They were truly the perfect fit, and we're so excited with how they brought this mission and a conversation about dating to life."

The campaign was developed by the Wieden+Kennedy New York advertising agency.

"... We felt a responsibility — and opportunity — to play a part in ... empowering each individual to expand the meaning of 'DTF' in a way that reflects what they want from dating."

OkCupid Chief Marketing Officer Melissa Hobley



OkCupid's new ads were designed by Italian artists Maurizio Cattelan and Pierpaolo Ferrari, "two of the most interesting, talented, provocative artists around today," according to OkCupid CMO Melissa Hobley. OKCUPID

NOW is the time to take care of YOUR BODY!

- ✓ Varicose Veins
- ✓ Leg Ulcers
- ✓ Spider Veins
- ✓ Pain/Burning
- ✓ Restlessness
- ✓ Heaviness
- ✓ Swelling
- ✓ Itching
- ✓ Fatigue
- ✓ Cramping

Frustrated with previous treatments, services and poor results?

Trust the doctor that cares about you!



- **Personal** & discrete care delivered directly Ronald Lev, MD
- **Certified** by the American Board of Venous and Lymphatic Medicine and the American Board of Anesthesiology
- **No downtime**
- **15 minute** minimally invasive procedures
- **Consistently** ranked #1 Vein Doctor in NYC by our patients

Tired of long diets, juice cleanses & lotions?

Smart Lipo Laser Body Countouring

GET RID OF... ☒ Body Fat
☒ Sagging Arms
☒ Double Chin
☒ Cellulite & more



ADVANCED
VARICOSE VEIN
TREATMENTS OF MANHATTAN

TreatmentsofManhattan.com
DRLEV@TREATMENTSOFMANHATTAN.COM

212.204.6501

Most Vein Treatments Covered by Major Health Insurances including Medicare

NEW MIDTOWN LOCATION
369 Lexington Ave.,
Suite 18A (bet 40th & 41st St),
New York, NY 10016
close to 4, 5, 6, 7, S, F and
Metro North

111 John St, Ste 1450
(Bet Cliff & Pearl St),
New York, NY 10038

**EVENING
APPOINTMENTS
AVAILABLE!**
¡Hablamos
Español!

City will add 1,500 barriers to prevent vehicle terror attacks

"These bollards will make sure vehicles can never come into places where pedestrians are," Mayor Bill de Blasio said of the \$50M initiative.



NIKKI M. MASCALI
@NikkimMascali
nikki.mascali@metro.us

In an effort to better prevent vehicular terror attacks in New York City, officials on Tuesday unveiled plans to add 1,500 permanent bollards, or barriers, in high-profile areas.

"These bollards will make sure vehicles can never come into places where pedestrians are," Mayor Bill de Blasio said at a news conference in Times Square.

The measure comes two months after Sayfullo Saipov drove a rented truck down the Hudson River Park Bikeway in

lower Manhattan on Halloween morning, killing eight people and injuring a dozen others.

The \$50 million initiative unveiled Tuesday will initially provide temporary bollards to high-profile areas such as Times Square, with the installation of permanent fixtures starting in March. The full citywide installation is slated to be completed "over the next few years," city officials said.

"These additional safety bollards will allow New Yorkers and visitors to be more secure at landmark locations and other sites throughout our city," NYPD Commissioner James O'Neill said. "They will also serve to delineate restricted areas and help streamline vehicle, bicycle and pedestrian traffic in these areas."

Days after the Halloween vehicle terror attack, hundreds of concrete barriers were added

to 57 pedestrian and vehicle intersections along the bike path, which runs from West 59th Street to Battery Place.

"In 2017, New Yorkers witnessed the hor-

rible capacity of people willing to do us harm, whether it was in our subways, on our bike paths or in Times Square," the mayor said. "But we will not be

cowed, and our expanded investment today in barriers and bollards in our public spaces underscores our resolve in keeping New York City safe from future at-

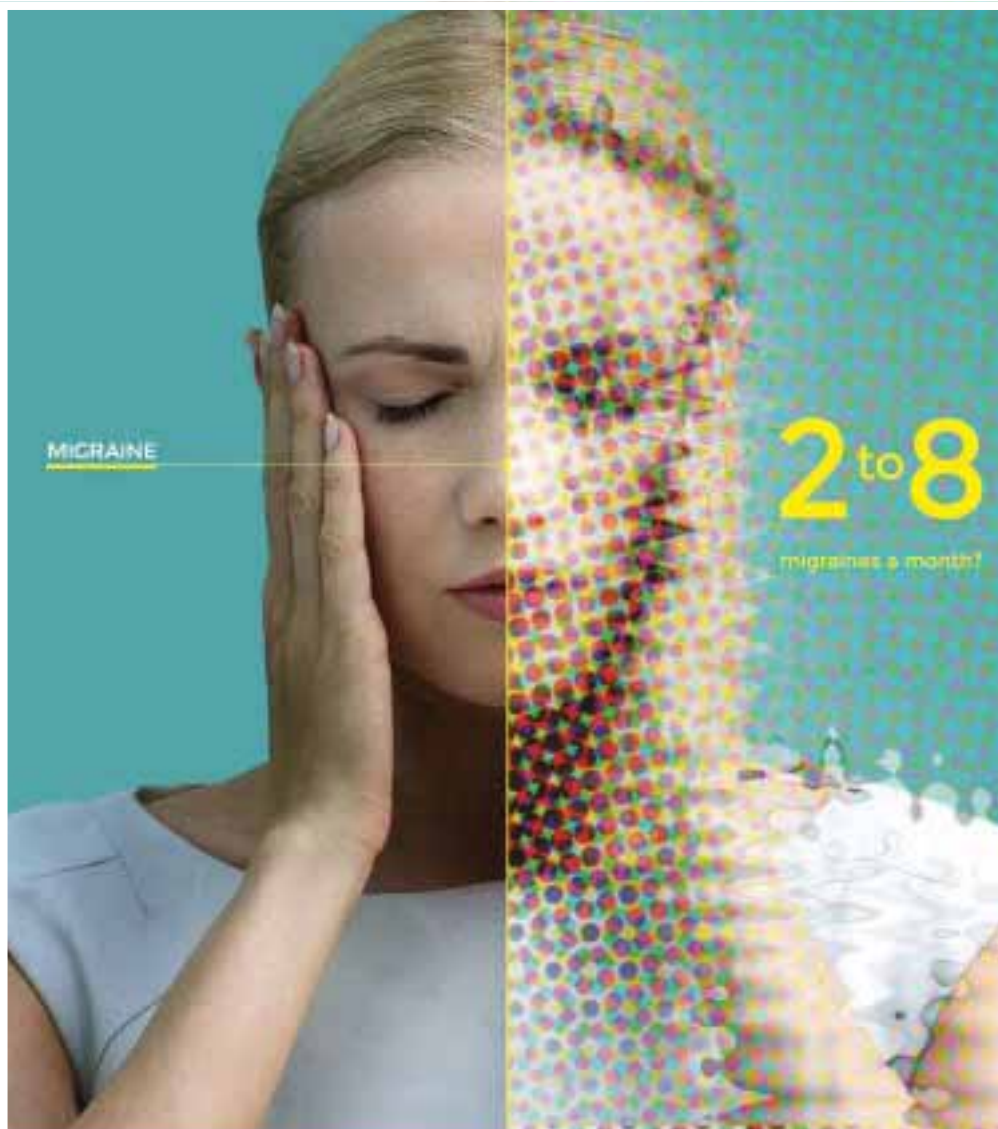
tacks. In this new year, we can and will protect our iconic public spaces while New Yorkers go on living our lives, including by hosting a record number of tourists."

"In this new year, we can and will protect our iconic public spaces while New Yorkers go on living our lives, including by hosting a record number of tourists."

Mayor Bill de Blasio



New York City will add 1,500 barriers in high-profile areas to prevent vehicle terror attacks, officials announced. [TWITTER](#) / @NYPDNEWS



Each lasting 4 hours or more? Help us learn about a new investigational approach to treatment. Contact our study team and find out if you qualify for a new 3-month clinical research study called BHV3000. The investigational drug, plus all study-related assessments, will be provided at no cost to you. Health insurance is not required to take part in this study and compensation for travel may also be provided.

Contact details:

Fieve Clinical Research
(212) 772-3570

122 E 42nd St. Suite 2820
New York, NY 10168



Accountability demanded for child who started Bronx blaze

Twelve people died in the city's worst fire in 25 years, which was caused by an unattended toddler playing with a stove.



NIKKI M. MASCALI
@NikkiMMascali
nikki.mascali@metro.us



The fire, which claimed the lives of 12 people and left at least 14 families homeless, was caused by an unattended 3-year-old boy, officials said. GETTY IMAGES

Some family members of the victims in Thursday's deadly Bronx fire want the parents of the toddler who caused the blaze to be held accountable, the New York Post reported.

An unattended 3-year-old boy playing with a stove caused the fire that claimed the lives of 12 people in the borough's Belmont neighborhood. It was the deadliest fire in New York City in more than 25 years, officials said, and left at least 14 families homeless.

"I want the mother and father to be responsible because the mother is

an irresponsible parent," Kadian Blake, cousin of victim Karen Stewart, told the Post. "There needs to be accountability."

Blake spoke to the paper at a candlelight vigil held outside the gutted apartment building on Prospect Ave. on Monday, adding that the toddler was often seen wandering outside the building.

The child's mother said in the aftermath of last week's fire that her son had a history of playing with the stove in his family's first-floor apart-

ment, Reuters reported.

The blaze quickly swept from the family's apartment through the five-story building, which housed 26 apartments. The fire was fanned by tenants opening windows and leaving doors open as they tried to escape.

"Children starting fires is not rare," FDNY Commissioner Daniel Nigro said, adding that the stairway "acted like a chimney. People had very little time to react. They couldn't get back down the stairs. Those that tried perished."

Where healthy careers begin.

Associate Degree
& Certificate Programs

OUR PROGRAMS INCLUDE:

Clinical and Administrative Medical Assistant
Advanced Personal Training • Nursing
Surgical Technologist • Medical Billing
Clinical Medical Assistant • Massage Therapy
& Personal Training

CLASSES BEGIN JANUARY 16TH!

CALL TODAY 877-291-7129



Please visit our Admissions Office at
151 West 26th Street
1-877-291-7129
www.swedishinstitute.edu



Swedish Institute's programs are registered with and regulated by the New York State Education Department. Accredited by ACCSC. For important information on program costs, completion and placement rates, median debt incurred, etc., please visit <http://www.swedishinstitute.edu/disclosures>.

Say Goodbye to CPAP



WE HAVE ALTERNATIVE SOLUTIONS

At eos sleep, we offer effective and minimally-invasive treatments beyond the CPAP mask. Our board-certified physicians diagnose and treat the many causes of snoring and sleep apnea. Find a treatment that works best for you AND your bed partner. Your treatment may be as simple as a 30 minute in-office procedure.

We accept most insurance plans.

eos sleep

For more information and patient testimonials, visit
eossleep.com | 800.eos.sleep
(800.367.7533)

262 Central Park West NYC • 20 East 66th Street NYC •
589 Broadway NYC • 993 Park Avenue NYC • 833 Northern Blvd Great Neck

LOOSE DENTURES?

Smile with Confidence



\$100
off each
NEW
denture!
Exp: 1/31/18

Miracle on 35th Street

Emergencies And Most Insurance
Plans Welcome
Senior Cit. Discounts

**New York's Place for Same Day
Dentures for more than 40 Years!**

Leaders in Implant Dentistry! - Est. 1977

DENTURE REPAIRS AND RELINES WHILE-U-WAIT!

FREE CONSULTATION

CALL NOW

212.689.0024



224 West 35th St., New York, NY
16th Floor (between 7th and 8th Avenues)

www.heraldsquaredental.com

IS MAYOR BILL DE BLASIO'S UTICA AVENUE BROOKLYN SUBWAY EXTENSION DEAD?

Here is why The Regional Plan Association release of their fourth annual master plan which included calling for construction of the Utica Avenue subway will never leave the station. At the request of Mayor Bill de Blasio, the MTA allocated \$5 million in funding under the \$32 billion Metropolitan Transportation Authority 2015 - 2019 Five Year Capital Program to initiate a \$5 million feasibility study for this proposal to build a Utica Avenue subway extension. The Utica Avenue subway was originally proposed by NYC Mayor Hyland in 1922! The concept would construct extensions for both the No. 3 and 4 subway lines in East Flatbush, Brooklyn.

Two years later, the MTA had yet to issue a Request for Proposals to hire any engineering consulting firm to

**LARRY
PENNER**

Analysis



perform this study. This contradicts the RPA report, which states that "an assessment should be forthcoming." It is a clear sign that the MTA is really not interested in pursuing this project. This proposal may represent a waste of taxpayers' dollars for yet another transportation feasibility study.

Too many transportation studies championed by numerous elected

officials are nothing more than placebos designed to placate demagogues, who are not regular users of the numerous public transportation alternatives that have been available for decades. The real problem is finding money to make things happen. All too often funding for many studies would have been better spent on real capital and operating service improvements instead of just lining the pockets of consultants.

Ninety-five years have passed since the Utica Avenue subway was first proposed. Don't count riding any Utica Avenue subway in your lifetime.

Larry Penner is a transportation historian and advocate who previously worked 31 years for the US Department of Transportation Federal Transit Administration Region 2 NY Office.



**CURL UP
WITH A GOOD BOOK
THIS WINTER.**

www.usps.com/passports

Students, business travelers, vacationers? Winter travels may start with a passport book, passport card or both! Book that appointment for a passport with the Postal Service. Now schedule online for appointments at select local post offices.

**Online appointments
for passports available at these
New York Post Offices:**

Times Square
340 W 42nd St
Yorkville
1617 3rd Ave
Cherokee
1483 York Ave

Planetarium
127 W 83rd St
Audubon
511 W 165th St
Colonial Park
99 Macombs Place

Inwood
90 Vermilyea Ave
Lincolnton
2266 5th Ave
Village
201 Varick St

I am living proof that buprenorphine treatment works.

Of all the treatments I've tried, buprenorphine is the only thing that worked for my opioid addiction. Now I'm in school, I go out to eat, to the movies—simple stuff—but the greatest joy is having a relationship with my daughters. I got back my life.

— Chelle



Opioid addiction treatment with methadone and buprenorphine is available in New York City.

If you or someone you know needs help, call **888-NYC-WELL** or visit nyc.gov/health/addictiontreatment for more information.

**Thrive
NYC**

NYC
Health

Bill de Blasio
Mayor
Mary T. Bassett, MD, MPH
Commissioner



No. 1
cutest baby alive.
INSTAGRAM/
@KIMKARDASHIAN

Saint West's pneumonia scare

It was a terrifying New Year's for Kim Kardashian West. Not because of the chilling thoughts of her sisters' spawn, but because Saint West was hospitalized for pneumonia.

The 2-year-old recently spent three nights in the hospital — and Kardashian West calls the experience “so scary.”

“My precious baby boy is so strong!” she wrote on Instagram. “After spending three nights in the hospital & seeing my baby get multiple IV's and hooked up to oxygen machines, our end of year was challeng-

ing. Pneumonia is so scary!”

The 37-year-old says Saint had been better now, calling the little love muffin “so resilient” and using the mixed baby angel emoji. Legitimately appropriate!

TMZ reported earlier that Saint had been taken to a hospital in Los Angeles on Thursday, where Kardashian West and her husband, Kanye West, shared overnight duties. You know, like parents do.

Because after all, celebrities are just like us. Just way richer and far more removed from the realities of everyday life.



America Ferrera expecting a baby friend



So. Many. Babies.

America Ferrera is gonna have a baby. The “Superstore” actress announced via social media that she and her husband, Ryan Piers Williams, are expecting their first child.

“We’re welcoming one more face to kiss in 2017! Wishing you #MásBesos in the New Year,” she wrote on

New Year's Eve. Aw.

The couple, who just celebrated 12 years together, first met when Williams, 36, cast Ferrera in his student film while studying at the University of Southern California. They were engaged in June 2010 and married in 2011.

Mazel, y'all!

Paris Hilton is getting married



Stranger things have happened, right? Right?
ALL PHOTOS GETTY IMAGES UNLESS OTHERWISE STATED

Paris Hilton — a woman you may know as the self-professed matriarch of taking selfies — is engaged to be married. OK!

The 36-year-old former star of “The Simple Life” reportedly got engaged to her boyfriend of two years, Chris Zylka, 32. He popped the question just before the New Year, during a ski trip in Aspen, and photographers from People were suspiciously there for some reason.

“I am so excited to be engaged to the love

of my life and my best friend,” Hilton said in an absolutely unheard-of statement to People. “I have never felt so happy, safe and loved. He is perfect for me in every way and showed me that fairy tales really do exist!” Ah, to be rich enough to have survived 2017 and still believe in fairy tales.

No words of wisdom from Zylka yet, but I think the tattoo he has that reads “Paris” in Disney font says enough, yeah?

Hoda Kotb to co-host ‘Today’

Hoda Kotb is moving up.

Tuesday, the 53-year-old was named co-anchor of the “Today” show, just a month after Matt Lauer was fired after allegations of inappropriate sexual behavior. Kotb will host the first two hours of the program with Savannah Guthrie and — thank God — will continue to co-host the fourth hour with Kathie Lee Gifford.

“Hoda is, in a word, remarkable,” NBC News Chairman Andy Lack said in an email to staff

Tuesday. “She has the rare ability to share authentic and heartfelt moments in even the most difficult news circumstances. It’s a tribute to her wide range and her innate curiosity.”

Kotb told E! News that Lauer, disgraced though he may be, texted her a congratulations. “He was sweet this morning,” she said. “Certain texts popped up, and there was one from Matt: ‘Congratulations!’ He said some nice words.” Sure! Have fun, Hoda!



Oh, that's nice.

New Year New You

Slim Down In The New Year

www.nylaser.net

<p>Rids Unwanted Bulges Permanently No Diet • No Exercise For Back, Legs, Love Handles, Buttocks, Arms, Belly and More</p> <p>\$100 OFF</p>	<p>Reduces Toxins and Excessive Water Weight</p> <p>\$50</p>
<p>Reduce Cellulite & Tighten Skin At The Same Time Strongest Reduction Machine Without Surgery</p> <p>\$75</p>	<p>Lose 3-9 Inches in 2 Weeks • Painless • Only 6 Treatments Needed</p> <p>6 for \$199</p>
<p>CAVI-LIPO Non Surgical Reduces Fat On Any Area • Painless</p> <p>\$50</p>	<p>CHIN FAT REDUCTION With Cool Sculpting Rid Your Double Chin Forever</p> <p>\$200 OFF</p>
<p>\$50 SPA DEALS • Teeth Whitening • UV Gel Manicure with UV Gel Pedicure • Deep Pore Facial • Microdermabrasion</p> <p>BRAZILIAN WAX 2 for \$50 Full Body Wax Oxygen to Revitalize Skin</p>	

No Time To Come In Before Ad Expires? Call **212.229.0399** To Prepay With No Expiration

180 7th Ave. South
(Between West 11 & Perry St.)
Expires January 21, 2018

212.229.1389

WINTER SPECIAL



\$595*
Implant

*Must be completed at our office to qualify for promotional fees

**Complete tooth replacement
with post and crown**

\$1295*

**OFFER
EXPIRES**

01/07/2018

*All work must be completed at Elite Dental Implants
to qualify for promotional fee of \$1295 for Complete Tooth
Replacement. Limit 3 implants per patient.
Full payment due upon commencement of treatment.

Elite Dental Implants



New Queens Location
30-80 21st Street Suite C1,
2nd Floor,
Astoria, NY 11102

Manhattan Location
50 Broadway Suite 2001
New York, NY 10004

**3 Convenient
Locations**

*Speak with your
Smile Today!*

Long Island Location
601 Franklin Ave Suite 100
Garden City, NY 11530

FREE CONSULTATION
REPLACE MISSING TEETH PERMANENTLY

*Must bring this ad
on your first visit.*

646-791-8075

EliteDentalImplants.com

CALL

Se Habla Español

Mention you saw us in Metro Newspaper

TODAY!

Don't sleep on January

When it's this cold, the urge to hibernate is strong. Fight it with our guide to the must-do events, foods and more this month.



EVA KIS
@thisiskis
eva.kis@metro.us

"Clueless" live!

Bless Netflix for reminding us about the timeless gem that is "Clueless." It's every bit as good as it was when you fell in love with it during middle school. and A Drinking Game makes it even better, with a live stage reading using costumes, props and a little (OK, a lot) of alcohol. Sat., Jan. 6, 7 p.m., \$15, The Bell House, 149 Seventh St., Brooklyn, ticketfly.com

A dare to bare

It's the coldest month of the year, which means it's time for another No Pants Subway Ride. Improv Everywhere's 17th annual ritual dares commuters to bare their legs in the name of fun, and we've never needed it more. Sun., Jan. 7, 3 p.m., free, various locations, improveyerywhere.com

Eating season isn't over yet

Just when you thought it was safe to make weight-loss resolutions comes NYC Restaurant Week, when you can try prix-fixe menus at some of the city's landmark restaurants and hot newcomers for \$29 at lunch and \$42 at dinner. Reservations open Jan. 8, Jan. 22-Feb. 9, nyego.com



For the bravest among us, the No Pants Subway Ride is coming up. GETTY IMAGES

Help the recovery effort

Last fall, wildfires cut through Sonoma County in a disaster that devastated homes and one of the world's best wine regions. Help the recovery effort with a benefit dinner at Popina, with five courses and wine pairings all for \$55. Tues., Jan. 9, 7:30 p.m., 127 Columbia St., Brooklyn, email james@popinany.com

Jam to Winter Jazzfest

The largest annual survey of jazz music returns with Winter Jazzfest, eight days of performances taking over venues across the city. Highlights include Nicole Mitchell's interrogation of the genre's future through sci-fi, a two-day marathon of music with over 100 acts on two stages, and a British jazz showcase. Jan. 10-17, various locations, \$20 and up, winterjazzfest.com

Feel the Cuban heat

Nothing like a little Cuban music to warm your frozen feet. The Afro-

Cuban All Stars orchestra span all of the island nation's genres in a single show, tracing its musical history with internationally renowned performers including Ruben Gonzalez and Manuel "The Guajiro" Mirabal. Sat., Jan. 13, 8 p.m., \$40 and up, 431 W. 16th St., highlineballroom.com

Dust off those pussy hats

A year into the Trump administration and things are pretty much as bad as we'd feared. It's time for another Women's March, taking place in more than 200 locations across the country. Last year's protest had 5 million participants — if you weren't angry then, it's not too late to say #MeToo and stand up now. Sat., Jan. 20, Columbus Circle, womensmarchalliance.org

The art of the pig

Heritage pork is not only an extension of the farm-to-table ethos — these rare breeds pack in way

more flavor than you'll find in commercial pork. Experience the hugely creative walk-around tasting that is Cochon 555, where some of the city's best chefs trot out one-of-a-kind dishes alongside free-flowing drinks. Sun., Jan. 21, \$130-\$200, 849 Sixth Ave., cochon555.com

Don't give up on dating yet

In Amanda Stauffer's debut novel Match Made in Manhattan, the protagonist finds love through online dating — but that's just the beginning of her problems. You're sure to find some hope for the digital dating scene as Stauffer talks love with Hannah Orenstein, Elite Daily's dating editor and professional matchmaker. Wed., Jan. 24, 7 p.m., \$15.99 (includes signed book), 828 Broadway, strandbooks.com



Help California fire victims at a benefit dinner. POPINA

Learn to bullet journal

The founder of Bullet Journaling — the art-meets-organization trend of 2017 — Ryder Carroll is coming to the William Vale Hotel for an intimate workshop to get you on the path to hacking your productivity. Thurs., Jan. 25, 7 p.m., \$40, 111 N. 12th St., eventbrite.com

Dance in a museum

The American Museum of Natural History's after-hours dance party One Step Beyond is back this month. On deck at the Rose Center for Earth and Space are Toro Y Moi, Nathaniel Jay and Working Women, with a beer and wine cash bar. If you need a break, take a ride through space with Liam Neeson at the Hayden Big Bang Theater. Jan. 26, 9 p.m., \$26, 200 Central Park W., amnh.org

Behind the scenes of Broadway

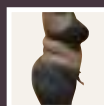
If seeing Broadway shows is just the beginning for you, then BroadwayCon is the place to hear about all the new projects, meet your favorite Broadway actors and become part of the amazing fan community, with acting workshops, panels and sing-alongs. Jan. 26-28, Javits Center, \$90-\$220, broadwaycon.com

All hail Brooklyn beer

Drink your way across Brooklyn without putting a dent in your MetroCard at the Best of Brooklyn Food & Beer Festival. Back for a second year at Industry City, you'll find unlimited tastings of the borough's breweries from Braven to Wartega, plus grub from more than 20 restaurants and live music. Sat. Jan. 27, timed entry from noon-8 p.m., \$39-\$139, 220 36th St., bestofbrooklynfestival.com

LEAN INTO THE NEW YEAR 40% OFF OUR MEDI-SLIM PROGRAM

A MEDICALLY SUPERVISED
WEIGHT LOSS PROGRAM WITH
GUARANTEED RESULTS!



BEFORE



AFTER

LOSE UP TO
12 LBS IN THE
1ST WEEK!

VALID 1/1/18 -
1/31/18



try.lexingtonplasticsurgeons.com/newyou | 113 E. 39th Street (b/w Park and Lexington Ave)

Call for a Free Consultation. 855-718-2703



Become a better home chef with the #Cook90 challenge

Kick off 2018 with a tasty resolution: cooking three meals a day for a month.



KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

If you're looking for a New Year's resolution that doesn't feel like punishment, as dieting or sober January often do, the #Cook90 challenge might appeal to you. It isn't about calorie counting or depriving yourself; it's a celebration of home cooking, breaking bread with friends and family and consuming what makes you happy — so long as you make it yourself.

Founder David Tamarkin first came up with the #Cook90 challenge — a pledge to cook three meals a day over a 30-day period — on New Year's Day three years ago. At the time, he was going through a rough patch when he realized that cooking alleviated his anxiety. "There's a mindfulness and meditative quality to cooking," he says. He figured he'd do it more often.

Cooking three meals a day for 30 days might sound daunting, and Tamarkin gets this: He lives in NYC and works

full-time as the editor of Epicurious.

"I am a cooking person but I'm not necessarily a super organized person," says Tamarkin. "What Cook 90 does is it forces you to fit daily cooking into a hectic life."

As a bonus, eating at home also saves money, and even if you're not counting calories, studies show that making your own meals ends up being healthier than eating out.



David Tamarkin,
Epicurious
editor and Cook
90 founder.
PROVIDED

Tamarkin has devised a plan to make it doable. To participate, sign up on Epicurious.com and you'll receive a newsletter with a suggested grocery list and a weekly meal plan. Follow it down to the recipe, use it for meal inspiration, or do your own thing. You can hold yourself accountable by posting your meals on social media with the hashtag

#cook90, or follow along others' culinary trials for camaraderie. Here's how it works.

#Cook90 rules

You can eat whatever you want, as long as you cook all your meals. Tamarkin defines cooking as "transforming raw ingredients with heat," or "taking two or more raw ingredients and combining them to make something greater than the sum of their parts." So, making a sandwich counts; heating up a can of soup or a frozen burrito does not.

Breakfast is free

Tamarkin encourages participants not to cook the same thing more than twice — except for breakfast.

"What I've learned is people don't want to mess with their breakfast," says Tamarkin. If you have your go-to meal, as long as you're still cooking it, feel free to repeat the same thing every day.

Leftovers are your friend

"You can't cook every day and not rely on leftovers — and you should," he says. However, Tamarkin suggests not eating leftovers more



Take the #Cook90 challenge and cook three meals a day over a 30-day period. PROVIDED

than twice.

Instead, make "next-overs," or leftovers repurposed to create a different meal. For example, if you make a roast chicken for one meal, shred it into tacos or diced it up in a caesar salad.

You get three cheat meals

"This is not supposed to be a punishment," he

says. "Sometimes you need to get out." Treat yourself by eating three meals out during the month.

Cook with others

Take the opportunity to throw dinner parties and potlucks during the long, cold month. "You learn from other people, it's fun, it creates community," Tamarkin says.

Become a better home chef

After completing a #cook90, Tamarkin says that while he definitely doesn't make every meal, the habit of cooking sticks with him and he has plenty of new recipes to get him through the winter. He also likes to do a #cook90 in the spring for a refresher.

APPROVED
NOVEMBER 14, 2017
INTERVIEW

BIOTRIAL is recruiting for a study which includes an in-house stay of 11 days / 10 nights and 1 end of the study visit.

You may be compensated for your time and travel up to \$3,600 for your participation in the study.

You must be:

- Healthy male or female between 60 - 85 years of age with a BMI between 18 - 30 kg/m².
- Non-smoker or ex-smoker for at least 6 months.

Need more info?
Call recruitment at
(844) 246-8459

No time to talk?
Email recruitment@biotrial.com
or register online at
www.biotrial.com

• Biotrial is located at 130 Norfolk Street Newark, NJ with easy access to NJ Transit Norfolk Street light rail station.

BIOTECHNOLOGY
— LIFE CHANGING THERAPEUTICS —

Are You Shy?

☐ Do you get anxious in front of others?

☐ Do you feel embarrassed if you have to give a speech or perform at a public function?

☐ Do you avoid meeting new people, going to parties, or dating?

☐ Is it difficult to eat, drink, or write while others may be watching you?

If so, you may be suffering from Social Anxiety Disorder. If you are between 18 and 64 years of age, and feel that these problems interfere with your ability to achieve your goals or to enjoy life fully, you may be eligible for our research study of an investigational medication for Social Anxiety symptoms. Please call or text for more information.

(212) 595-5012
www.MedicalResearchNetwork.com
The Medical Research Network, LLC • 134 E. 93rd Street, New York, NY

Giants HC search gaining steam

Just three days after their season ended, the Giants have already compiled a list of possible head coaching options.



JOE PANTORNO
@JoePantorno
joseph.pantorno@metro.us

The New York Giants were not relaxing during the holiday season.

As they were putting the finishing touches on their worst season since 1983, which led to the firings of head coach Ben McAdoo and general manager Jerry Reese, the Giants have gone to work on bringing about a fresh start.

They already addressed their general manager vacancy, hiring former front-office member and Carolina Panthers GM Dave Gettleman

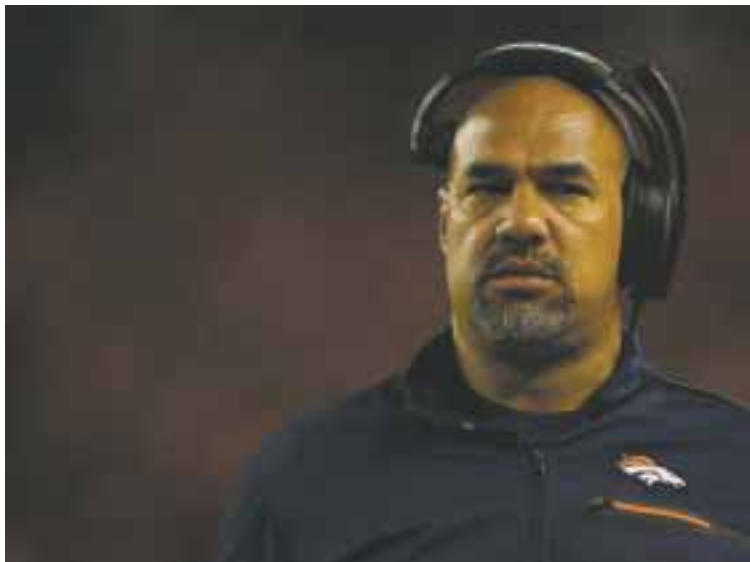
on Dec. 29.

He has wasted little time making changes to the team, cutting right tackle Bobby Hart and firing VP of player operations Marc Ross before their Week 17 win over the Washington Redskins.

Now comes the hiring of a head coach, a position that is one of the most coveted in football despite New York's 3-13 showing in 2017.

Philadelphia Eagles defensive coordinator Jim Schwartz is expected to interview for the Giants head-coaching position sometime this week. On New Year's Day, the Giants also requested to interview New England Patriots offensive and defensive coordinators Josh McDaniels and Matt Patricia.

Conflicting reports state that all three are favorites for the job. ESPN's Adam Schefter revealed Sunday that Schwartz was the favorite



Former Broncos running backs coach Eric Studesville will interview for the Giants head coaching job Friday. GETTY IMAGES

for the job. But the New York Daily News reported the night before that McDaniels and Patricia are options "1 and 1A."

Gettleman also

reached out to his former team on Monday to request an interview with Panthers defensive coordinator Steve Wilks.

Tuesday has provided

two new names to add to New York's list of potential candidates.

Ian Rapoport of NFL Network first reported that Eric Studesville will

be interviewed on Friday.

The 50-year-old was fired by the Denver Broncos as their running backs coach, a position he held since 2010 besides a brief hiatus as interim head coach in the final four games of his first season with the team. Studesville has previous experience with the Giants, working as their running backs coach from 2001-2003 under then-head coach Jim Fassel.

Jordan Raanan of ESPN reported later on Tuesday afternoon that the Giants have submitted a request to interview Minnesota Vikings offensive coordinator Pat Shurmur.

Shurmur has helped develop Case Keenum from fringe backup into a solid starting quarterback this season as the Vikings are the No. 2 seed in the NFC after a 13-3 season. Shurmur previously coached the Cleveland Browns for two seasons, compiling a 9-23 record.

Jahlil Okafor to return to Nets Wednesday vs. Timberwolves

Jahlil Okafor might have been freed from the Philadelphia 76ers' bench when he was traded to the Brooklyn Nets on Dec. 7, but that didn't mean he was seeing any game action.

After making his debut with the team a week later on Dec. 15, Okafor has been cheering from the sidelines as he's worked his way to get back into game shape while learning the Nets' playbook.

It looks as though the Nets are ready to unleash the young center as he is expected to return to the lineup on Wednesday night against the Minnesota Timberwolves (7:30 PM, YES Network).

Despite being all but written off in Philadelphia after the 76ers stockpiled young talents like Joel Embiid, Dario Saric and Ben Simmons, the No. 3 pick of the 2015 draft is still just 22 years old.

It was an impressive deal pulled off by the Nets, who also acquired



The Nets are expected to get Jahlil Okafor back on Wednesday. GETTY IMAGES

Nik Stauskas and a 2019 second-round pick in return for forward Trevor Booker.

And it might only get better if Okafor can live up to the hype that surrounded him when he came out of Duke.

Before Embiid returned to health in Philadelphia, Okafor was showing plenty of promise, including a rookie season in which he averaged 17.3 points and seven rebounds per game. In 106 games, he's averaging 14.5

points and 5.9 rebounds in just 26.2 minutes per game.

His per 36-minute averages come out to look even better as he's put up 20.0 points and 8.1 rebounds in that metric.

Should he show that he's in shape, has a grasp of Brooklyn's offense and can earn regular playing time, the Nets could be watching a future centerpiece of their frontcourt returning Wednesday night. JOE PANTORNO

Classic win bodes well for Rangers



The Rangers improved to 4-0-0 in outdoor games after an overtime win over the Sabres on New Year's Day in the 2018 NHL Winter Classic. Miss any of the action? Check out metro.us/sports/new-york GETTY IMAGES

MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751 or email peter.blankenstein@metro.us

Are you or a loved one suffering from Alzheimer's disease?

NYSPH IRB Approved
3/10/2017 -> 3/9/2018

Free Treatment for individuals ages 55-95 with Alzheimer's disease who have symptoms of Agitation or Aggression



In this research study, eligible participants will receive free:
Medical evaluation
Monitoring of memory and other intellectual functions
12 weeks of study treatment with subsequent follow up

A caregiver needs to be involved during the research study period

If interested, please call (646) 774-8668

The study is conducted at New York State Psychiatric Institute/Columbia University Medical Center and is funded by the National Institute of Health.

COLUMBIA UNIVERSITY
MEDICAL CENTER
Division of Geriatric Care



Has your thinking slowed down over time?
Do you walk and move more slowly than you used to?
Is your energy level lower than you'd like it to be?

Join a research study at the Columbia University Medical Center. We are looking for participants aged 60 or older to get involved. This study is happening at 168th Street and Broadway in Manhattan. If eligible you could get:

- ✓ A free medical evaluation
- ✓ Free treatment with an experimental medication

Call us at 646-774-8655
if you would like to learn more or participate.

Social discomfort? Trouble staying organized?

Do you feel out of step with others and feel nervous or uneasy when in a social situation? Do you sometimes feel that others take special notice or watch you in public places? Do you find it difficult to trust or feel close to others? Do you feel that you are able to perceive things in your environment or predict things before they happen? If so you may be eligible to participate in a personality study at the Icahn School of Medicine at Mount Sinai. We are interested in studying people with different types of personalities. Participants must be between 18-65 and medically healthy. Reimbursement will be provided.

For more information, please call (212) 241-9775 to speak with a member of our staff

Do you use HEROIN?

The New York State Psychiatric Institute is conducting a clinical research study for healthy volunteers who use heroin.

ELIGIBLE VOLUNTEERS MUST:

- Be 21-55 years old
- Be a healthy heroin user who has injected heroin

ELIGIBLE PARTICIPANTS RECEIVE:

- Compensation for time and travel up to \$1,935
- Study related medications and examinations at no cost

To receive more information,
Call (646) 774-6161

ITEMS FOR SALE

Slow Computer? PC Viruses?
We'll fix it remotely right now!
Over 10 years experience.

Call us: 800-999-6872 or Visit: boxaid.com

In Treatment for Crack or Cocaine Use?

Are you between the ages of 18 to 60?
Researchers are recruiting participants for a paid study.
Current and previous crack/cocaine users are encouraged to call.

Compensation provided!

This study is for research purposes only.
Study Location: Icahn School of Medicine at Mount Sinai (1450 Madison Ave)

Time Commitment: approximately 5 business days per year
GCO #13-0449



GCO# 13-0449
5/9/2017 - 4/8/2018

Call 1-855-795-4837



LEGAL NOTICES

NOTICE OF SALE
SUPREME COURT
COUNTY OF QUEENS,
NYCTL 1998-2 TRUST AND
THE BANK OF NEW YORK
MELLON AS COLLATERAL
AGENT AND CUSTODIAN
FOR THE NYCTL 1998-2
TRUST, Plaintiff, vs. AMY
NELSON A/K/A NELSON
A/K/A EVANGELIST AMY
NELSON, ET AL., Defendants.
Pursuant to a Judgment of
Foreclosure and Sale duly filed
on December 15, 2017, I the
undersigned Referee will sell
at public auction at the Queens
County Courthouse, Courtroom
25, 88-11 Sutphin Boulevard,
Jamaica, NY on February 02,
2018 at 10:00 a.m. premises
known as 107-17 Princeton Street,
Queens, NY. All that certain
plot, piece or parcel of land,
with the buildings and
improvements thereon erected,
situate, lying and being in the
Borough of Queens, County
of Queens, City and State
of New York, Block 10083
and Lot 2. Approximate
amount of judgment is
\$56,013.29 plus interest
and costs. Premises will be
sold subject to provisions of
filed Judgment Index
703640/15.
David Dikman, Esq., Referee
Windels, Marx, Lane &
Mittendorf, LLP
156 West 56th Street
New York, NY 10019
Attorneys for Plaintiff.

LEGAL NOTICES

NOTICE OF FORMATION
of Lucrative Debt Relief,
LLC. Articles of Org. filed
with the Secy. of State
of New York (SSNY) on
11/03/2014. Office
location: New York County.
SSNY is designated as
agent of LLC upon whom
process against it may be
served. SSNY shall mail
process to the LLC c/o PO
Box 191, New York, NY
10027. Purpose: Any lawful
activity.

CAREER TRAINING



JOBS
We Train & Place!
Call: 718-263-0750

- PCT • HHA • CNA
- MED Billing/Coding
- M.A • Pharmacy Tech
- EKG/Phlebotomy Tech
- Fashion Designing
- Media concepts: Audio • Video
- Solar Tech
- SAP

FREE TRAINING IF QUALIFIED
Students Visas @ Low Cost

On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY
WWW.ACCESSQUEENS.COM

US Vets
Call Now

REAL ESTATE

Rooms for Rent

All Manhattan/Bronx



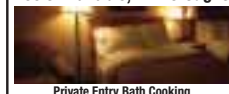
Furnished Rooms For Rent!
Cable/Internet Ready! Move
In Today! All utilities Inc.
Starting Just \$150/wk.
Call Us Now: (212) 368-2685

Manhattan & Bronx Rooms



Private rooms in apt. Fully equipped.
Start 150 wif/cable included.
Move same day! • (212) 862-0030

100's Available, All Boroughs



Private Entry Bath Cooking
1 Person/2 Person \$125wk/up room rentals
Studios \$900/wk
212-210-0921

metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us

ITEMS WANTED

**Absolute Yes! SAME DAY
!CASH PAID!**
\$45 AcuChek 100/Smartview100
888-415-0796 instant!
for Diabetic Test Strips
224 w 116 st, M-F, 2-4 p
or mail in B,C,2,3 trains

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro U.S. reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

metro CLASSIFIEDS

To place an ad call
866-900-9473
or visit us at
www.metro.us

DEADLINE: 2 BUSINESS
DAYS PRIOR TO
PUBLICATION AT 4 PM.

JOBS

General Help Wanted

HOME HELPER WANTED

HHA FOR GREATER PAY!

Without HHA? You can still
help elderly friends & family
members for great pay!

646-799-6062

646-660-0530 | 646-832-7647

or visit us at: 110 West 34th St.
Suite 1207 Manhattan, M-F, 10-5

Healthcare



JASA Care is seeking
certified Home Health
Aides!

We offer:
Health Insurance
Paid Vacation
Differential pay for
holidays and weekends

Cases available
throughout NYC:
Brooklyn, Queens,
Bronx, Manhattan
Flexible schedules!
4,6,8,12,24 hour cases

Union 1707 Local 389

JASA

Call us today to apply!
646-343-9300
Ask to speak with
Human Resources

JASA Care
247 West 37th Street, 4th Floor
New York, NY 10018
EEO

PSYCHICS

INDIAN ASTROLOGER & PSYCHIC READER

Most Powerful PANDIT: VIKRAM RAJ

**IF YOU HAVE PROBLEMS,
I HAVE SOLUTIONS.**

100% Removal of Black Magic,
Bad Luck, Voodoo, Obeah, Witch Craft
**Know Your
Past, Present & Future**

Specialized in bringing loved ones back
Vedic Solutions Available for:

- | | | |
|------------------|------------------------|---------------------|
| • BLACK MAGIC | • BUSINESS | • COURT CASES |
| • EVIL SPIRITS | • WORK PROBLEMS | • DRINKING PROBLEMS |
| • BAD LUCK | • FINANCIAL PROBLEMS | • HEALTH PROTECTION |
| • REUNITE LOVERS | • WIFE AND HUSBAND PRO | • CHILDLESS COUPLES |
| • STOP DIVORCE | • CHILDREN MISTAKES | • SEXUAL PROBLEMS |

CALL FOR APPOINTMENT PRIVATE & CONFIDENTIAL

347-279-7360
104-14 118th Street, Liberty Ave., S. Richmond Hill, NY 11419
(private house)

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and
conditions of the applicable Metro Classified rate
card and to approval and acceptance at Metro U.S.
option. Metro U.S. reserves the right to edit, reject,
cancel or reclassify an ad, and reserves the right
to convert any classified advertising to alternative
formats for use and publication in other Metro U.S.
publications. It is the advertiser's sole responsibility
to check each ad the first day it is published. Metro
U.S. assumes no responsibility for any reason, for
any error or omission in any ad.

metroCLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us

metro
CLASSIFIEDS

To place an ad call
866-900-9473
or visit us at
www.metro.us

PSYCHICS



**PROFESSOR
Gassama**
SPIRITUAL HEALER
& CLAIRVOYANT
40 YEARS EXP.

Specialize in Relationship & Love, Black Magic, Bad Luck,
Business, Job Exams, Divorce, Court Cases, Immigration, Etc...
Breaking black magic and evil, depression, Infertility &
Impotency. Quick Results Your Pain is my responsibility.
Seek help from Prof. Sheikh 3/7 Days Results.

Payment plan available.

545 Edgecombe Ave. By W 159th st. Manhattan

917-922-2294

WORLD RENOWNED POWERFUL SPIRITUALIST & HEALER

PANDIT: GAUTAM

Today is your day to let go of All Negative things

I AM THE KEY TO YOUR SUCCESS
EXPERT IN READING PAST PRESENT + FUTURE

Solves Problem Like
Depression, Love, Job, Money,
Business, Jealousy, Husband & Wife,
Blockage etc.



**I WILL REMOVE & DESTROY, BAD LUCK, WITCHCRAFT, OBEAH,
JADOO, VODOO, BLACK MAGIC, PERMANENTLY**

Worrying is wasting energy on the things you can't control Leave everything in my hand

SPECIALIZED IN BRINGING LOVED ONES BACK
RESULTS BETWEEN 3/9 DAYS

929-278-7667

104-12, 115th St, S. Richmond, NY-11419, (Pvt Home/office)



Mr. SAIDOU

International Spiritualist
Medium & Psychic Over
40 yrs exp. Bring back loved
ones in the Quickest Way,
Stop Infidelity, Business

Success, Exams & Career, Black Magic
Specialist, Clear Negativity, Bad Luck,
Protection, Sexual Problems etc.
Results in 7 Days Guaranteed.

Call 516-206-8543 and 646-339-9948

www.spiritualsaidou.com

132nd Street, 7th Ave., Manhattan, NY

metroCLASSIFIEDS

To place an ad call
866-900-9473
or visit us at
www.metro.us

DEADLINE: 2 BUSINESS
DAYS PRIOR TO
PUBLICATION AT 4 PM.

SHIVA SAKTHI INDIAN ASTROLOGER

PSYCHIC & SPIRITUAL HEALER
MASTER : SHIVA GANESH
EXPERIENCED FORTUNE TELLER
MEET HIM ONCE & SEE THE DIFFERENCE
HE CAN HANDLE ANY PROBLEM

Solutions Available
Black Magic * Evil spirits * Generation curses
Bad Luck * Blockage * Negative Energy * Health
Lottery * Reunite Lovers * Business * Job
* Money problems * Jadoo * Children
Mistakes * Court cases & other problems

Specialized in Bringing Back Loved Ones Sunday Free Reading

PRIVATE & CONFIDENTIAL 100% GUARANTEED RESULTS Open 7 Days a Week

347-493-9815

PRIVATE HOUSE: 103-28, 112 STREET,
SOUTH RICHMOND HILL, QUEENS, NY 11419

MOST POWERFUL AFRICAN PSYCHIC

Mr. KALLO
LOVE GURU
38 Years Experienced **LOVE EXPERT**

I BRING BACK LOVED ONES
ONE VISIT & YOU WILL SEE RESULTS.
I NEVER LOOSE ANY CASE

I can Help you in Problems: Marriage, Court case,
Business, Depression, Bond Families, Stop Divorce, Stress
Removal, Bad Luck, Evil eyes, Jadoo & Negative Energy

NO MORE PAIN, NO MORE DISSAPPOINTMENT,
MEET LOVE MASTER TODAY & GET SOLUTIONS

347-271-3493, 917-946-4662

SRI DURGA MATHA ASTROLOGER

PANDIT: RAM JI
WORLD FAMOUS INDIAN SPIRITUALIST
Expert in Palm, Face Reading,
Date of Birth, Photo Reading,
Horoscope & Numerology etc...

VISIT ONCE & FILL YOUR LIFE WITH HAPPINESS

SPECIALIST IN BRINGING BACK LOVED ONCE

VEDIC SOLUTIONS ARE AVAILABLE FOR:

- *Business investments *Work & Money problems *Childless Couple
- *Family argument *Children Mistakes *Worries about loved ones
- *Love & Enemy problems *Sexual problems *Depression
- *Drinking problems *Travel & Immigration problems *Husband &
Wife relationships *any kind of health problems *Court & Visa problems

100% GUARANTEE
He destroys all bad luck, Removes black magic, evil spirit, Jadoo,
voodoo, Obeah, Witch craft, Jealousy etc...

NO BODY CAN BREAK MY WORK

646-541-5897

2377 CRESTON AVE (BRONX) NY 10468

PROFESSOR ABU SALAM

POWERFUL & MYSTICAL AFRICAN
HEALER & SPIRITUALIST.
PROFESSOR SALAM 20 YEARS EXP.
BY ANCESTORS POWERS.

Love Specialist: Reunite Lovers Fast & Effective
Spell & Black Magic & Jadoo • Negative Energy
Luck • Exams • Court • Success • Finances
Family Prob. • Sexual Power • Etc...

72 HOURS RESULTS
WWW.PSYCHICSALAM.COM
MANHATTAN & BROOKLYN

CALL 917-595-9916



Across

- 1 Dangles
- 6 FYI note
- 10 Cellar, briefly
- 14 George who was a she
- 15 Like khaki
- 16 Bryce Canyon site
- 17 Happen again
- 18 Marsupial pockets
- 19 Waiter's offering
- 20 Full of vinegar
- 22 Sheep owner's job
- 24 Worn-down pencil
- 26 Home of the Illini
- 27 Bit of glitter
- 31 Limo passenger
- 32 Articles of merchandise
- 33 Fix the clock
- 36 Open-wide word
- 39 Ocean sighting
- 40 Flat-tasting
- 41 Ms. Lanchester of films
- 42 Moo -- gai pan
- 43 Look after (2 wds.)
- 44 Prior to
- 45 Brooklyn cager
- 46 Swindles (2 wds.)
- 48 Stomping grounds
- 51 HBO alternative
- 52 Corrupt
- 54 Hammer partner
- 59 Accrue interest

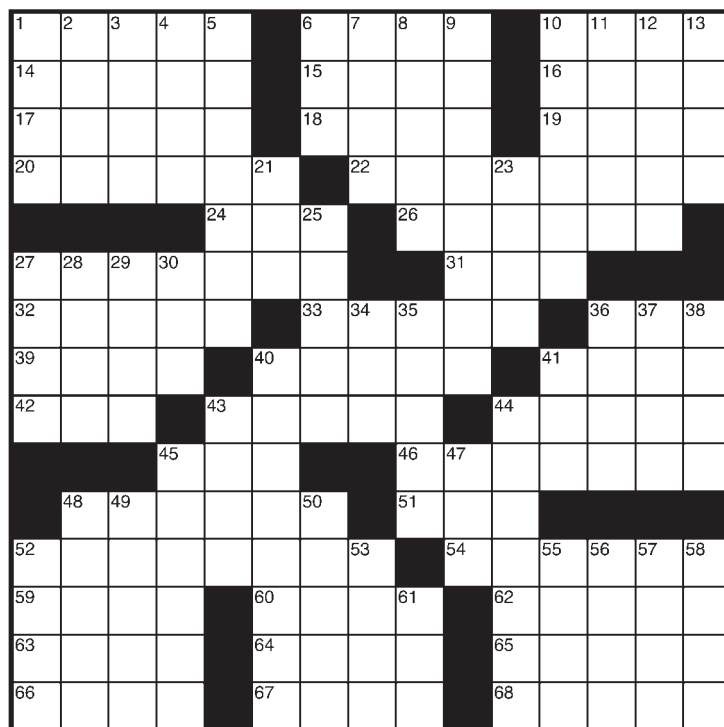
- 60 Plunder
- 62 Glimmer
- 63 With, to Henri
- 64 -- Stanley Gardner
- 65 Krishna devotee
- 66 -- majeste
- 67 Big bucks?
- 68 Hauls along

Down

- 1 Queen of the gods
- 2 Novelist -- Waugh
- 3 -- and easy
- 4 Toe woe
- 5 Orchestra section
- 6 GPs
- 7 Bullpen stats
- 8 -- Picchu
- 9 Saw
- 10 Unjust verdict, slangily (2 wds.)
- 11 Mug

- 12 Edible lichen
- 13 Hoodlum
- 21 -- de-sac
- 23 Just slightly (2 wds.)
- 25 "Uncle Miltie"
- 27 Guzzle
- 28 El --, Texas
- 29 "City of New Orleans" singer
- 30 Society column word
- 34 Do lunch
- 35 Stable sound
- 36 Low voice
- 37 Yeah, right! (2 wds.)
- 38 Fair share
- 40 Improved
- 41 Coast Guard off.
- 43 Cellphone button
- 44 Stressed
- 45 Faint difference
- 47 Those elected
- 48 Pant
- 49 Realty units
- 50 Entrap
- 52 Real bargain
- 53 Shower liner
- 55 Ad award
- 56 Superman's alias
- 57 Take on cargo
- 58 Non-flying birds
- 61 Berlin article

metro.us/crossword



metro.us/sudoku

easy

	2				1	9	6	5
8								
			9			2	7	
	6	7	3				2	4
		5		4		3		
4	1				7	5	9	
	9	2			8			
								2
6	3	1	7				8	

hard

7			1	5				2
2					9	1		
4				2	6			5
3		4	2	6				
				9				
				1	3	9		5
	2		9	4				3
		5	6					9
9				3	1			7

metro.us/horoscopes



Aries Hold on to your money, job and stability by doing what's expected of you and carrying out your own plans. Intelligence and common sense will be required.



Taurus Be careful how you handle domestic matters. Someone may not see things the same way you do. Be willing to compromise and to listen to wise advice.



Gemini Concentrate on your relationships with others and determine who you are best off spending time with. Stick to people who are a positive influence on you.



Cancer Be careful not to go overboard. You can have fun and be moderate at the same time. Emotional incidents will surface if you are too aggressive or inconsistent.



Leo Distress will kick in if you let someone take advantage of you emotionally. Avoid being indulgent or overspending on items you don't need.



Virgo Don't overdo it. Added stress will set in if you make promises you don't want to keep. Consider the best way to make the most of your time.



Libra Emotions can make people do foolish things. Don't make a hasty decision, or you will end up having regrets. This is not the time to burn bridges or start a feud.



Scorpio Take a step back to avoid getting into an emotional feud. Too much of anything will come back to bite you. Keep your life simple, affordable and moderate.



Sagittarius Taking care of other people's business will be draining. Don't make promises you cannot keep or get involved in something you aren't capable of handling.



Capricorn Emotions will push you in a direction that could lead to uncertainty. Consider the consequences should things not go as planned.



Aquarius Look for professional alternatives that will encourage a better use of your experience and allow you to learn. An ambitious attitude will bring good results.



Pisces Assess your financial situation and consider your job prospects. Having a plan will help you stay on track as the year unfolds. EUGENIA LAST

Yesterday's answers

APT	PROPS	BEARS
DEW	ROBOT	ESTER
ATE	ICIER	CAMPS
GARBS	SMACK	
ELPASO	WHOOPS	
CYCLE	INCITE	
TUCK	TOXIC	UPON
IBIS	LIB	LEND
FORE	VALET	IDES
FACADE	EXECS	
TATERS	MOTORS	
CAKED	ASSET	
MAMBA	IRONS	AGA
INTEL	DAVIT	KIN
RANTS	STEPS	ASK

Can't wait until tomorrow to check your answers? Visit metro.us



metro As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • **Metro New York** 120 Broadway, New York, NY 10271 • **main** 212-212-9521 • **to advertise** 212-457-7735 • **Press releases** pressrelease@metro.us • **sales fax** 212-952-1505 • **Chief Revenue Officer** Ed Abrams, Ed.Abrams@metro.us • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** advertising@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Editor in Chief** Aleksander Korab, aleksander.korab@metro.us • **Managing Editor** Morgan Rousseau, morgan@metro.us • **Site Director** Linnea Zielinski, linnea.zielinski@metro.us • **Night Editor** Jason Nuckolls, jason.nuckolls@metro.us • **Sports Editor** Matt Burke, matt.burke@metro.us • **Features Editor** Joshua Crouthamel, joshua.crouthamel@metro.us • **Entertainment/TV Editor** Matthew Juul, matt.juul@metro.us • **Going Out Editor** Eva Kis, eva.kis@metro.us • **Head of Production** Matt Prowell, matt.prowell@metro.us



ARE YOU CURRENTLY TAKING A MEDICATION BUT STILL FEELING

DEPRESSED?

If you're 18-65 years old, have been diagnosed with Major Depressive Disorder, and are experiencing the symptoms below, you may be eligible to participate in a clinical research study of an investigational product. All study related drug and visits will be provided to you at no cost.

**HOPELESSNESS • SADNESS •
LOSS OF INTEREST
DECREASED ENERGY
DIFFICULTY CONCENTRATING**



FIVECLINICALRESEARCH

**CALL TODAY!
(212)772-3570**

**Ask About Our
Refer-A-Friend Program**